

Camp Information Packet

Spring Bike Week



We are looking forward to a week filled with fun adventures, smiles and new friends. This packet is filled with information about pick-up and drop-off, what clothing your camper should wear, and everything else you need to know about camp.



RALEIGH

Parks,
Recreation *and*
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parks.raleighnc.gov

Pick up and Drop Off

- When
 - Drop off is from 8:00 AM – 8:30 AM
 - Pick up is from 5:00 PM – 5:30 PM
 - Camper can be dropped off as early as **8:00am**.
 - Pickup is from **5:00pm to 5:30pm**; with a late fee charged after 5:30pm. You are required to sign your camper in and out with camp staff every day.
 - *Late Fee Policy: \$5 for the first 10 minutes, \$1 for each minute after*
- Where
 - Forest Ridge Park – 2100 Old North Carolina 98 Hwy, Wake Forest, NC 27587
- Who
 - For camper safety, we utilize security tags for sign out. Legal guardians and other individuals listed on the participant registration form as an authorized pick up person will be issued a security key tag on the first day of camp with proof of ID. Otherwise, adults must be listed as an authorized pick up and provide ID the first time picking up.
- How to get ahold of us
 - Adventure Program Office – (919) 996-6855, adventure.program@raleighnc.gov
 - Adventure Program Manager, Zac Huston – (919) 830-8746, zac.huston@raleighnc.gov
 - In case of emergency please contact the Adventure Program Manager. We will coordinate with staff to reach your camper
- If you know your child will not be at camp for the day, please call or email and let us know.
- If you will be picking up your camper early, please let us know (at the latest) the morning of. You will need to arrange pickup with camp staff, as campers spend most days away from the park on local trails.

Camp Itinerary



Water Activity



Biking



Campout



MONDAY

AM - Forest Ridge Park - Teambuilding Activities

LUNCH

PM – Forest Ridge Park – Biking



TUESDAY

Ride - Capital Area Greenway – Abbotts Creek Trail



WEDNESDAY

AM – Forest Ridge Park – Ride

LUNCH

PM – Forest Ridge Park – Canoe



THURSDAY

AM – Lake Crabtree County Park – Ride

LUNCH

PM – William B. Umstead State Park – Campout



FRIDAY

AM – Lake Crabtree County Park – Ride

LUNCH

PM – Return to Forest Ridge



* Schedule subject to change due to weather and other factors beyond our control. Please check with camp staff and drop off for any itinerary changes

What to bring to Camp Each Day

- Bike and Helmet
- Backpack
- Lunch and Snacks
- Water & Water Bottle
- Weather and activity appropriate clothing
- Close toed shoes
- Sunscreen/Bug Spray
 - please apply at the beginning of the day
- Personal Medical Items:
 - With proper forms
- *Wed only:
 - Swim shirt
 - Swimsuit
 - Close toed water shoes
 - Towel



Overnight Information

- Thursday night will be an overnight camping experience
 - If your camper is not participating in the campout, then early pickup arrangements must be made with camp staff as we may not be at the normal pick up location during normal pick up hours

- What to pack

- Change of Clothes
- Sleepwear
- Sleeping Bag/Pillow
- Personal Toiletries/Towel
- Extra lunch for Friday

- Adventure Program provides

- Tents
- Sleeping Pads
- Dinner Thursday
- Breakfast Friday
 - *If your camper has any dietary restrictions or special food needs please notify Camp Staff so that we may accommodate as best we can

- Campground Information

- William B. Umstead State Park
- Youth Tent Campsite
- 8801 Glenwood Ave. Raleigh, NC 27617
- Phone (336) 921-2177



Please leave at home

- Inappropriate Attire
 - Flip flops/open toed shoes
 - Spaghetti strap tank tops
 - Clothing with drug, alcohol, tobacco, or gang references
- Phones
- Personal Electronic Devices
- Jewelry
- Toys, Stuffed Animals
- Pocket Knives
- Lost Items
 - The City of Raleigh Parks, Recreation, and Cultural Resources Department is not responsible for any personal items lost or stolen at our programs.

